## City of Norfolk

## Proclamation

**WHEREAS**, the City of Norfolk will host their  $30^{th}$  Annual Norfolk Senior Olympics May 6-9, 2013, and will have their Opening Ceremony and Parade of Athletes on May 7, 2013 at Norfolk State University; and

WHEREAS, the Norfolk Senior Olympics offers thirty competitive events for seniors, age 50 and better, such as track and field, tennis, softball toss, swimming, and golf; and

**WHEREAS**, participants in the Norfolk Senior Olympics value fitness as a lifestyle and dedicate themselves to promoting a greater quality of life by staying healthy, active, and fit; and

WHEREAS, residents of Norfolk, senior citizen organizations, healthcare professionals, and senior-serving businesses unite at this symbolic event to show the world that having an active, productive life while aging is a reality.

NOW, THEREFORE, I, PAUL D. FRAIM, Mayor of the City of Norfolk, do hereby proclaim May 6-9, 2013 as

## SENIOR OLYMPIC WEEK

in the City of Norfolk, and urge all citizens to join in the celebration and observance of this occasion and rejoice in the competition of our senior citizens.

Given under my hand this 7<sup>th</sup> day of May 2013.

AUL D. FRAIM, MAYOR